

## Six Hour Quilt – Charleston Method

To make a six hour quilt, backing and batting need to be same size  
Using a Walking Foot makes it easier to sew.

Press the backing using spray starch to make it flat, place backing on  
batting. Ironing the backing onto the batting will help to hold them together.  
[I used a piece of backing 40x48 for my baby quilt]

Now find the center of the backing by folding the two pieces in half  
each way. You can make a crease with your finger.

Find a nice piece of fabric for the center, should be about 6x10.  
Place this in center of backing. If this starter piece is not centered, your quilt  
will be crooked. PIN

Cut two strips of fabric about 4 to 5 inches wide. Trim to the same  
size as the same length as the sides. SEW one strip to each side, taking in the  
backing and backing. Flip open and PRESS. Strips should be less than 6  
inches to hold quilt together.

Cut two more strips for the top and bottom. SEW and PRESS  
.Continue alternating sides and top and bottom. Continue in this manner. As  
you see your quilt grow, you will see that you will have to make the top and  
bottom strips wider than the side strips. Remember to always pin the strips to  
previous strip.

When you have covered all the batting and reached the desired  
size, PRESS and then trim edges, you are now ready to bind your quilt .